

ALEXANDRIA FIRE DEPARTMENT**2022 Candidate Physical Abilities Schedule**

Date	Time	Session Type	
Wednesday, August 17	17:00 – 21:00	Orientation 1	
Sunday, August 21	08:00 – 12:00	Orientation 2	
Wednesday, August 24	17:00 – 21:00	Orientation 3	
Saturday, August 27	08:00 – 12:00	Orientation 4	
Wednesday, August 31	17:00 – 21:00	Conditioning	
Saturday, September 10	08:00 – 12:00	Conditioning	
Wednesday, September 14	17:00 – 21:00	Conditioning	
Sunday, September 18	08:00 – 12:00	Conditioning	
Wednesday, September 21	17:00 – 12:00	Mandatory Timed Run	
Saturday, September 24	08:00 – 12:00	Mandatory Timed Run	
Wednesday, September 28	17:00 – 21:00	Mandatory Timed Run	

CPAT LOCATION - 14725 Flint Lee Road, Chantilly VA, 20151